

Please help us provide you with the highest standard of care by carefully completing this intake form. Identify anything you do not understand with a question mark. All information is strictly confidential. Please print clearly.

**Confidential Pediatric Intake Form**

Child's Name: \_\_\_\_\_ Date of First Visit: \_\_\_\_\_

Gender: **M** **F** Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Who is completing this form: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone (Home): \_\_\_\_\_ Work: \_\_\_\_\_

E-mail: \_\_\_\_\_

Where may we leave a message regarding your child's visits? \_\_\_\_\_

**In case of an Emergency contact:** \_\_\_\_\_

Relationship: \_\_\_\_\_ Emergency Contact # ( ) \_\_\_\_\_

Address: \_\_\_\_\_

**Medical Care Providers (name, occupation, address, phone #)**

Type of Medical Care Provider	Name	Phone Number	Address

How did you hear about the clinic? \_\_\_\_\_

Has your child seen a Naturopathic Doctor before? \_\_\_\_\_

Does any of your family receive Naturopathic treatment? \_\_\_\_\_

Is your child receiving any other type of therapy at this time? If yes please list  
 \_\_\_\_\_

**Primary Health Concerns:**

Please List your child's main health concerns (or reasons for your child's visit today):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Has anything changed recently or become worse? \_\_\_\_\_

How would you describe your child's current state of health? **Excellent Good Fair Poor**

Dose your child have any dietary restrictions? **Yes No**

If yes, which ones and why? (religious or other) \_\_\_\_\_

Has your child ever been prescribed an Epi-pen or had an anaphylaxis reaction? **Yes No**

Reason: \_\_\_\_\_

Please list all of your child's known allergies (medications, food, pollen etc): \_\_\_\_\_

**Medication & Supplementation History:**

Past Medication/ Supplements: please list all medication/supplements your child is taking:

Medication/Supplements	Dosage	Since	Reason

History of antibiotic use (when approximately) \_\_\_\_\_

How long? \_\_\_\_\_ For what conditions: \_\_\_\_\_

**Early Life History:**

Please check the relevant conditions that apply to the pregnancy:

Uncomplicated	YES NO	High blood pressure	YES NO
Bleeding	YES NO	Physical/Emotional Trauma	YES NO
Diabetes	YES NO	Smoking/Alcohol/drug use	YES NO
Early Labour	YES NO	Thyroid problems	YES NO
Excessive Vomiting	YES NO	Other	

Please list all medications or supplements used during pregnancy: \_\_\_\_\_

**Birth History:**

Birth Weight		Weeks carried:	
Full term	YES NO	Vaginal	YES NO
Premature	YES NO	C-section	YES NO
Past term	YES NO	Reason for C-section:	

Mothers age at child's birth: \_\_\_\_\_ Number of previous pregnancies \_\_\_\_\_, births \_\_\_\_\_

Birth complications or interventions used? Describe: (forceps, suction, induced labour, epidural)

Was there any fertility issues prior to the pregnancy? **YES NO** If YES, please describe \_\_\_\_\_

**Post-Natal Complications:**

None	YES NO	Infections	YES NO
Birth Defects	YES NO	Jaundice	YES NO
Birth Injuries	YES NO	Respiratory	YES NO
Cardiac	YES NO	Other (seizures, meconium, rash)	
Gastrointestinal	YES NO		

**Nursing/Diet:**

Was your child breast-fed? **YES NO** If so, how long? \_\_\_\_\_

Difficulty nursing? \_\_\_\_\_

Formula used? **YES NO** If so, at what age? \_\_\_\_\_ What brand? \_\_\_\_\_

When were solid foods introduced? \_\_\_\_\_ Any reaction? **YES NO**

First Foods: \_\_\_\_\_

Has your child ever experienced colic? **YES NO** How severe: **Mild Moderate Severe**

Describe your child's eating habits (picky, hearty etc) \_\_\_\_\_

What are your child's favourite foods? \_\_\_\_\_

Please indicate if your child has had any hospitalizations, surgeries, or serious injuries:

Hospitalizations/Surgery	Age	Compilation

**Vaccination History:**

Is your child vaccinated? **YES NO**      If yes, have all the boosters been given? **YES NO**

Vaccination	Y/N	Adverse Reactions:	Vaccination	Y/N	Adverse Reaction:
(MMR) Measles, Mumps, Rubella			(DPT) Diphtheria, Pertussis, Tetanus		
Haemophilus Influenza B			Chicken Pox / Varicella		
Rabies			Tetanus booster		
Hepatitis A			Polio		
Hepatitis B			Flu shot		
Pneumococcal			Meningococcal		
Other					

**Lifestyle and Environment**

Are there any pets in the child’s home? \_\_\_\_\_

Are you aware of any toxins or other hazards the child may be exposed to (home, Hobbies etc)

What is the emotional climate in the child’s home? \_\_\_\_\_

Does your child attend: **Daycare    Preschool    School    Homecare**    Other: \_\_\_\_\_

**Child:**

How many hours of TV per day does the child watch? \_\_\_\_\_

How many hours of exercise dose the child get? What are the child’s favourite activities? \_\_\_\_\_

**Mother:**

Alcohol: **YES NO** Drink per day:\_\_\_\_\_ Smoking: **YES NO** Cigarettes per day:\_\_\_\_\_

Do you or anyone else smoke in the house? **YES NO**

Prescription/recreational drugs? **YES NO** Please list the name and dose:\_\_\_\_\_

Supplements: \_\_\_\_\_

**Health and Development:**

At what age did your child first

Sit up\_\_\_\_\_ Crawl\_\_\_\_\_ Walk\_\_\_\_\_ Talk\_\_\_\_\_

How was your child’s health in the first year of life? **Excellent Good Fair Poor**

Has your child has an ear infection? **YES NO** If yes how many times?\_\_\_\_\_

How many times a year does your child get a colds/flu?\_\_\_\_\_

Describe your child’s sleep habits:

- sound sleeper  light sleeper  restless sleeper  throws covers off
- sleeps tucked in  has problems falling asleep  has problems waking
- sweats - where\_\_\_\_\_  grinds teeth
- nightmares  talks in sleep  walks in sleep  bed wetting

Sleeping position:\_\_\_\_\_

What time is bedtime?\_\_\_\_\_ What time does the child wake?\_\_\_\_\_

How would you describe the child’s temperament?\_\_\_\_\_

Describe your child’s behaviour: **Excellent Variable Disruptive**Other:\_\_\_\_\_

How does your child interact with other children: **Excellent Good Fair Poor**

**Family History:**

Please indicate each relevant condition for blood relative only:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Addiction         | <input type="checkbox"/> Gout                  | <input type="checkbox"/> PMS             |
| <input type="checkbox"/> ADHD              | <input type="checkbox"/> Hay fever             | <input type="checkbox"/> Pneumonia       |
| <input type="checkbox"/> AIDS              | <input type="checkbox"/> Heart Disease         | <input type="checkbox"/> Rheumatic fever |
| <input type="checkbox"/> Allergies         | <input type="checkbox"/> Hepatitis             | <input type="checkbox"/> Rubella         |
| <input type="checkbox"/> Autism            | <input type="checkbox"/> Hypertension          | <input type="checkbox"/> Scarlet Fever   |
| <input type="checkbox"/> Asthma            | <input type="checkbox"/> Kidney disease        | <input type="checkbox"/> Seizures        |
| <input type="checkbox"/> Cancer type:_____ | <input type="checkbox"/> Learning Disabilities | <input type="checkbox"/> Sinusitis       |

**Family History continued:**

Please indicate each relevant condition for blood relative only:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Celiac Disease | <input type="checkbox"/> Liver Disease      | <input type="checkbox"/> Skin disease     |
| <input type="checkbox"/> Chicken Pox    | <input type="checkbox"/> Lupus              | <input type="checkbox"/> Stroke           |
| <input type="checkbox"/> Depression     | <input type="checkbox"/> Malaria            | <input type="checkbox"/> Strep throat     |
| <input type="checkbox"/> Diabetes       | <input type="checkbox"/> Measles            | <input type="checkbox"/> Thyroid problems |
| <input type="checkbox"/> Eczema         | <input type="checkbox"/> Mental Illness     | <input type="checkbox"/> Tonsillitis      |
| <input type="checkbox"/> Emphysema      | <input type="checkbox"/> Migraines          | <input type="checkbox"/> Tuberculosis     |
| <input type="checkbox"/> Epilepsy       | <input type="checkbox"/> Mononucleosis      | <input type="checkbox"/> Typhoid          |
| <input type="checkbox"/> Eye problems   | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> Ulcers           |
| <input type="checkbox"/> Gall Stones    | <input type="checkbox"/> Mumps              | <input type="checkbox"/> Venereal Disease |
| <input type="checkbox"/> Goiter         | <input type="checkbox"/> Obesity            | <input type="checkbox"/> Whooping cough   |
| <input type="checkbox"/> Gonorrhoea     | <input type="checkbox"/> Parasites/Worms    | <input type="checkbox"/> Yellow fever     |

Other: \_\_\_\_\_

I do not know my family history or the child's family history

Is there anything else I should know about your child? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Thank you for completing this extensive health record for your child, your time is appreciated!